

MIAG



Sex & Relationships Education Policy

Ratified by Chair of Govs:

Signed by

A handwritten signature in blue ink, appearing to be 'J. M. A.', written over the dotted line for the signature.

Date

13/10/25

MIAG



MIAG (Meeting Individual Aspirations and Goals) is committed to providing high-quality, age-appropriate Sex and Relationships Education (SRE) that promotes the physical, moral, emotional, and social development of all learners. SRE at MIAG supports learners to develop self-respect, confidence, and responsibility, and to make informed decisions about relationships and sexual health in a safe and respectful environment.

Our approach is inclusive, evidence-based, and tailored to the needs of our learners, many of whom have Social, Emotional, and Mental Health (SEMH) needs and/or Special Educational Needs and Disabilities (SEND).

Aims:

The aims of SRE at MIAG are to:

- ✚ Equip learners with the knowledge and skills to make safe, healthy, and respectful choices about relationships and sexuality
- ✚ Develop learners' understanding of consent, respect, equality, and diversity
- ✚ Encourage positive self-esteem and body confidence
- ✚ Help learners recognise and respond appropriately to unsafe or harmful situations
- ✚ Support safeguarding and child protection through open discussion and awareness
- ✚ Promote understanding of the law relating to sexual behaviour, consent, and exploitation

Legal Framework

This policy is developed in line with:

- ✚ Education Act 2002
- ✚ Children and Social Work Act 2017

MIAG



- ✚ DfE Statutory Guidance: Relationships Education, Relationships and Sex Education (RSE) and Health Education (2019)
 - ✚ Equality Act 2010
 - ✚ Keeping Children Safe in Education (KCSIE 2025)
-

Curriculum Delivery:

SRE is delivered as part of MIAG's **Personal, Social, Health and Economic (PSHE)** curriculum, underpinned by British Values and SMSC (Spiritual, Moral, Social, and Cultural) development.

It is delivered through:

- ✚ Planned lessons in PSHE and key-working sessions.
- ✚ Cross-curricular links (e.g. science, health, ethics).
- ✚ One-to-one mentoring and therapeutic support where appropriate.
- ✚ Assemblies, workshops, and visiting specialists.

Topics covered *may (as appropriate) include:*

- ✚ Healthy and unhealthy relationships
- ✚ Consent and respect
- ✚ Puberty and body changes
- ✚ Sexual health and contraception
- ✚ Online safety and digital relationships
- ✚ Gender identity and sexual orientation
- ✚ The law and sexual behaviour
- ✚ Managing emotions and relationships

All content is differentiated and adapted for learners' developmental stages, needs, and comprehension levels.



Teaching Approach:

- ✚ SRE is delivered in a safe, non-judgmental environment where learners feel able to ask questions and explore topics
 - ✚ Ground rules are established to maintain respect and confidentiality
 - ✚ Materials and discussions are inclusive, representative, and avoid stereotypes
 - ✚ Teaching considers learners' SEND, cultural, and emotional needs
-

Safeguarding and Confidentiality:

- ✚ All staff delivering SRE are trained in safeguarding and follow MIAG's **Safeguarding and Child Protection Policy**
 - ✚ Any disclosures or safeguarding concerns arising during SRE sessions are recorded and reported to the Designated Safeguarding Lead (DSL) immediately
 - ✚ Confidentiality cannot be promised where a learner's safety is at risk
-

Parental and Carer Involvement:

MIAG recognises parents and carers as key educators in their children's development.

- ✚ Parents/carers are informed about SRE content and delivery methods
 - ✚ They have the right to request withdrawal of their child from *sex education* elements (not relationships or health education), in line with statutory guidance
 - ✚ MIAG will offer discussion and support before any withdrawal is finalised
-

Staff Training:

- ✚ All staff involved in delivering SRE will receive appropriate training to ensure confident, consistent, and sensitive delivery
 - ✚ Training includes safeguarding, inclusion, SEND differentiation, and managing sensitive discussions
-

MIAG



Monitoring and Review:

The effectiveness of SRE will be monitored through:

- ✚ Lesson observations and learner feedback
- ✚ Staff reflection and supervision
- ✚ Review of incidents and safeguarding data

This policy will be reviewed **annually** by the Senior Leadership Team (SLT) and updated in line with national guidance and learner needs.

Linked Policies:

- ✚ Safeguarding and Child Protection Policy
- ✚ Behaviour Policy
- ✚ Anti-Bullying Policy
- ✚ Online Safety Policy
- ✚ SEND Policy
- ✚ Equality and Diversity Policy
- ✚ PSHE and Health Education Policy