

MIAG



Swimming Policy

Policy

Certified by Chair of Govs:

Signed by

Date

Date:

Review Date:

MIAG Key Stage 2 Swimming Policy

Policy Statement:

MIAG (Meeting Individual Aspirations & Goals) recognises swimming and water safety as essential life skills and vital components of the National Curriculum for Physical Education (PE) at Key Stage 2.

Our aim is to ensure that all learners develop competence, confidence, and enjoyment in swimming, and acquire the knowledge and skills to keep themselves and others safe in and around water.

Legal and Curriculum Framework:

This policy aligns with:

- ✚ **The National Curriculum for Physical Education (2014):**
All pupils should be taught to:
 1. Swim competently, confidently, and proficiently over a distance of at least 25 metres.
 2. Use a range of strokes effectively (e.g. front crawl, backstroke, breaststroke).
 3. Perform safe self-rescue in different water-based situations.
 - ✚ **Health and Safety Executive (HSE):** *Health and Safety in Swimming Pools* (HSG179)
 - ✚ **Department for Education (DfE):** *Safe Practice in Physical Education, School Sport and Physical Activity (AfPE, 2020)*
 - ✚ **Equality Act 2010** – ensuring inclusive access and reasonable adjustments for all learners.
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Intent:

At MIAG, swimming forms part of our commitment to physical, social, and emotional development. The swimming curriculum aims to:

- ✚ Equip every learner with water confidence and essential life-saving skills
- ✚ Promote health, wellbeing, and resilience through physical activity
- ✚ Support learners in developing cooperation, focus, and self-regulation
- ✚ Provide inclusive, differentiated opportunities that meet the needs of all learners, including those with Special Educational Needs and Disabilities (SEND)

Implementation:

Organisation and Delivery

- + **Year Groups:** Swimming lessons are delivered to upper Key Stage 2 learners (Years 5 & 6)
- + **Frequency:** Learners attend swimming sessions weekly for a minimum of one term per academic year
- + **Venue:** Lessons take place at an approved local swimming facility with qualified lifeguards and appropriate facilities for SEND learners
- + **Transport:** Learners are transported by MIAG-approved vehicles following the MIAG Educational Visits and Transport Policies
- + **Staffing:**
 - o A **qualified swimming instructor** (Swim England or STA qualified) leads all sessions
 - o A **MIAG staff member** attends every session to supervise, support behaviour, and ensure safeguarding
 - o The **teacher in charge** remains legally responsible for pupils at all times

Health and Safety

- + A **risk assessment** is conducted annually and prior to each swimming block
- + The pool provider must have a current **Normal Operating Procedure (NOP)** and **Emergency Action Plan (EAP)** shared with MIAG staff
- + Learners must wear appropriate swimwear (one-piece costume or swim shorts above the knee) and swimming caps if required by the pool
- + Jewellery must be removed and medical conditions shared with staff in advance
- + Ratios are maintained in accordance with AfPE guidance and local authority standards
- + First aid provision is available on site at all times

Inclusion and Adaptation

- + Adjustments are made for learners with SEND, physical disabilities, or social/emotional needs
- + MIAG works with parents, carers, and therapists to ensure individual needs are met (e.g., sensory adaptations, additional adult support, or graduated exposure for learners with anxiety)
- + Non-swimmers or reluctant participants receive additional support to develop confidence and overcome barriers

Assessment and Progress

Progress is measured against the National Curriculum expectations:

- ✚ Swim at least **25 metres** unaided
- ✚ Demonstrate **two recognised strokes** effectively
- ✚ **Perform safe self-rescue** techniques

Records of learner progress are maintained by the instructor and reviewed by MIAG's PE lead.

Certificates or achievement awards (e.g., Swim England stages) are provided to recognise progress and success.

Roles and Responsibilities:

Role:	Responsibility:
Designated Safeguarding Lead	Ensures Compliance with statutory guidance and oversees risk management
PE/Sports Lead	Co-ordinates swimming provision, monitors quality and outcomes , and liaises with pool providers
Teaching Staff	Support supervision, inclusion and learner engagement
Swimming instructor	Plans and delivers safe, progressive learners in line with National Curriculum
Learners	Engage positively, follow safety instructions and respect others
Parents/Carers	Provide consent, medical information and appropriate swimwear

Safeguarding and Welfare:

- ✚ MIAG's **Safeguarding and Child Protection Policy** applies to all swimming activities
- ✚ Mixed-gender changing facilities are managed sensitively to ensure privacy and dignity
- ✚ Staff supervising changing areas will be trained and follow MIAG's code of conduct

- ✚ Any concerns arising during swimming sessions are reported immediately to the Designated Safeguarding Lead (DSL)
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Monitoring and Review:

- ✚ The PE/Sports Lead monitors lesson quality, learner progress, and compliance with safety standards
 - ✚ Risk assessments and pool safety documentation are reviewed annually
 - ✚ The policy is reviewed every **three years** or sooner if legislation or guidance changes
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Linked Policies:

- Safeguarding and Child Protection Policy
- Health and Safety Policy
- Educational Visits and Off-Site Policy
- Equality and Accessibility Plan
- SEND Policy
- Behaviour Policy

