

# Safeguarding – Learners Guide

### **MIAG (Meeting Individual Aspirations & Goals)**

#### **Learner Guide**

"Your safety and wellbeing come first - always."

# What is Safeguarding?

Safeguarding means keeping you safe, happy, and protected while you are at MIAG and in your life outside of school.

#### It includes:

- Making sure you feel safe, respected and supported
- ♣ Protecting you from harm, abuse, bullying or neglect
- ♣ Helping you speak up if something's wrong
- ♣ Teaching you how to keep yourself safe online and in the real world

# Who is Responsible for Safeguarding?

Everyone at MIAG helps keep you safe.

But we also have special people called **Designated Safeguarding Leads (DSLs)** who are trained to help:

- ♣ Freyr Bendleton Main Safeguarding Lead
- George Risbey; Mike Howard; Sara Liebow Deputy Safeguarding Lead(s)

You can talk to them at any time if you feel worried, unsafe, or unsure about something.

#### What Might I Need Help With?

You can talk to us if:

- ♣ Someone is hurting you or making you feel scared
- ♣ You're worried about a friend
- **↓** You feel unsafe at home, online, or in your community
- ♣ You're struggling with your mental health
- ♣ Someone is bullying, pressuring or threatening you

Nothing is too small to share. We will always listen.

# What Happens If I Speak Up?

- ♣ You will be listened to
- ¥ You will be taken seriously
- ♣ We will work with you to help things get better
- We might need to speak to other adults who can help but we will tell you what's happening

#### Need Someone to Talk To?

You can talk to:

- Any trusted adult at MIAG
- Your key worker
- The Safeguarding Team
- Your parent or carer

You can also write it down or ask someone to help you speak.

## Our Promise to You

At MIAG, we will always:

- Keep you safe
- Treat you with kindness and respect
- Help you speak up
- Never ignore a worry